

Rialto Unified School District

Feb 3, 2025 thru Feb 7, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Page 1

Generated on: 2/4/2025 6:04:22 AM

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------------|------------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|-------------|----------------|----------------|--------------|--------------|-------------------------|
| Mon - 02/03/2025 | | | | | | | | | | | | | | | | |
| PRE-K BIC # 1 | Total | 300 | | | | | | | | | | | | | | |
| PANCAKES '24 | 2 EACH | 300 | 130 | 5 | 240 | 3.00 | 1.00 | 63.0 | 0 | 0.0 | 6 | 4.0 | 26.01 | 2.0 | 0.00 | 0.00 |
| SYRUP | 1 OZ | 300 | 66 | 0 | 23 | 0.00 | 0.01 | 0.9 | 0 | 0.0 | 6 | 0.0 | 17.43 | 0.0 | 0.00 | *N/A* |
| Craisins, Watermelon | serv. (1.1 6 oz) | 1 | 110 | 0 | 0 | 3.00 | 0.00 | 0.0 | 120 | 0.0 | 24 | 0.0 | 28.0 | 0.0 | 0.00 | 0.00 |
| Craisins, Watermelon | serv. (1.1 6 oz) | 299 | 110 | 0 | 0 | 3.00 | 0.00 | 0.0 | 120 | 0.0 | 24 | 0.0 | 28.0 | 0.0 | 0.00 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 300 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| Weighted Daily Average % of Calories | | | 426 | 20 | 413 | 6.00 | 1.01 | 413.9 | 620 | 0.00 | 50 47.0% | 13.00 12.2% | 85.44 80.1% | 4.50 9.5% | 1.50 3.2% | 0.00 *0.0% |
| Nutrient Guideline | | | 350-500 | | 540 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|--------------------------------------|----------------|-----|---------|----|-----|------|------|-------|-----|-------|-------------|----------------|----------------|----------------|---------------|--------------|
| Tue - 02/04/2025 | | | | | | | | | | | | | | | | |
| PRE-K BIC # 1 | Total | 300 | | | | | | | | | | | | | | |
| Snack'n Waffles, Cinnamon | pkg | 300 | 250 | 44 | 290 | 2.00 | 1.44 | 30.0 | 75 | 0.0 | 15 | 6.0 | 37.0 | 9.0 | 4.00 | 0.00 |
| Orange juice, DW, 4oz.2024 | EACH(4 oz) | 1 | 55 | 0 | 14 | 0.00 | 0.00 | 10.0 | 100 | 30.0 | 14 | 1.0 | 14.0 | 0.0 | 0.00 | 0.00 |
| Orange juice, DW, 4oz.2024 | EACH(4 oz) | 299 | 55 | 0 | 14 | 0.00 | 0.00 | 10.0 | 100 | 30.0 | 14 | 1.0 | 14.0 | 0.0 | 0.00 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 300 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| Weighted Daily Average % of Calories | | | 425 | 59 | 454 | 2.00 | 1.44 | 390.0 | 675 | 30.00 | 43 40.5% | 16.00 15.1% | 65.00 61.2% | 11.50 24.4% | 5.50 11.6% | 0.00 0.0% |
| Nutrient Guideline | | | 350-500 | | 540 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|---------------------------------|-----------------|-----|-----|----|-----|------|-------|-------|-----|-----|----|-----|------|-----|------|------|
| Wed - 02/05/2025 | | | | | | | | | | | | | | | | |
| PRE-K BIC # 1 | Total | 300 | | | | | | | | | | | | | | |
| CEREAL,MULTI-GRAIN CHEER IOS'24 | Bowl (28 Grams) | 300 | 110 | 0 | 105 | 2.00 | 12.60 | 100.0 | 300 | 3.6 | 6 | 2.0 | 23.0 | 1.0 | 0.00 | 0.00 |
| Crisps, Apple-Strawberry '22 | BAG (0.3 4 oz) | 1 | 39 | 0 | 0 | 1.93 | 0.00 | 0.0 | 34 | 0.0 | 7 | 0.0 | 9.64 | 0.0 | 0.00 | 0.00 |
| Crisps, Apple-Strawberry '22 | BAG (0.3 4 oz) | 299 | 39 | 0 | 0 | 1.93 | 0.00 | 0.0 | 34 | 0.0 | 7 | 0.0 | 9.64 | 0.0 | 0.00 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 300 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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Rialto Unified School District

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Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|-------------|----------------|----------------|---------------|--------------|-------------------------|
| Weighted Daily Average % of Calories | | | 269 | 15 | 255 | 3.93 | 12.60 | 450.0 | 834 | 3.60 | 27 39.8% | 11.00 16.4% | 46.64 69.5% | 3.50 11.7% | 1.50 5.0% | 0.00 0.0% |
| Nutrient Guideline | | | 350-500 | | 540 | | | | | | | | | <=30.0 | <10.00 | |

| Thu - 02/06/2025 | | | | | | | | | | | | | | | | |
|--------------------------------------|----------------|-----|---------|----|-----|------|------|-------|------|--------|-------------|----------------|----------------|---------------|--------------|--------------|
| PRE-K BIC # 1 | | | | | | | | | | | | | | | | |
| | Total | | | | | | | | | | | | | | | |
| Pancakes, Confetti Bites 2022 | pkg | 300 | | | | | | | | | | | | | | |
| APPLES, Fresh sliced 2017 2oz | pkg. (2oz) | 300 | 210 | 10 | 210 | 4.00 | 3.60 | 20.0 | 1000 | 0.0 | 11 | 4.0 | 36.0 | 7.0 | 1.00 | 0.00 |
| APPLES, Fresh sliced 2017 2oz | pkg. (2oz) | 1 | 34 | 0 | 0 | 2.00 | 0.18 | 10.0 | 50 | 123.6 | 6 | 0.0 | 8.0 | 0.0 | 0.00 | 0.00 |
| MILK, 1% DW 2024 | EACH(1/2 pint) | 299 | 34 | 0 | 0 | 2.00 | 0.18 | 10.0 | 50 | 123.6 | 6 | 0.0 | 8.0 | 0.0 | 0.00 | 0.00 |
| | EACH(1/2 pint) | 300 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| Weighted Daily Average % of Calories | | | 364 | 25 | 360 | 6.00 | 3.78 | 380.0 | 1550 | 123.60 | 31 34.1% | 13.00 14.3% | 58.00 63.7% | 9.50 23.5% | 2.50 6.2% | 0.00 0.0% |
| Nutrient Guideline | | | 350-500 | | 540 | | | | | | | | | <=30.0 | <10.00 | |

| Fri - 02/07/2025 | | | | | | | | | | | | | | | | |
|--------------------------------------|----------------|-----|---------|----|-----|------|------|-------|-----|------|-------------|----------------|----------------|---------------|--------------|--------------|
| PRE-K BIC # 1 | | | | | | | | | | | | | | | | |
| | Total | | | | | | | | | | | | | | | |
| Yogurt, Straww/crack-DW '24PSBK | SERVING | 300 | | | | | | | | | | | | | | |
| GRAPES, Fresh PKG '23 | serv.(1/2 cup) | 300 | 290 | 5 | 245 | 2.00 | 2.00 | 585.0 | 30 | 0.0 | 35 | 7.0 | 59.0 | 3.0 | 0.50 | 0.00 |
| GRAPES, Fresh PKG '23 | serv.(1/2 cup) | 1 | 31 | 0 | 1 | 0.41 | 0.13 | 6.4 | 46 | 1.84 | 7 | 0.29 | 7.89 | 0.16 | 0.05 | 0.00 |
| MILK, 1% DW 2024 | EACH(1/2 pint) | 299 | 31 | 0 | 1 | 0.41 | 0.13 | 6.4 | 46 | 1.84 | 7 | 0.29 | 7.89 | 0.16 | 0.05 | 0.00 |
| | EACH(1/2 pint) | 300 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| Weighted Daily Average % of Calories | | | 441 | 20 | 396 | 2.41 | 2.13 | 941.4 | 576 | 1.84 | 56 51.2% | 16.29 14.8% | 80.89 73.4% | 5.66 11.6% | 2.05 4.2% | 0.00 0.0% |
| Nutrient Guideline | | | 350-500 | | 540 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------|--|--|-----|----|-----|------|------|-------|-----|-------|-------------|----------------|----------------|---------------|--------------|----------------|
| Weighted Average | | | 385 | 28 | 376 | 4.07 | 4.19 | 515.1 | 851 | 31.81 | 41 96.9% | 13.86 14.4% | 67.19 69.8% | 6.93 16.2% | 2.61 6.1% | *0.00 *0.0% |
|------------------|--|--|-----|----|-----|------|------|-------|-----|-------|-------------|----------------|----------------|---------------|--------------|----------------|

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Feb 3, 2025 thru Feb 7, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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| Nutrient | Menu AVG | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) | |
|----------------------------|----------|--------------|---------------|-------------|-------------|-----------|-----------|-------------------------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|--|
| | | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) | | | | | | | | | | |
| Calories | 385 | | 350 - 500 | 100% | | | | | | | | | | | | | | |
| Cholesterol (mg) | 28 | | | | | | | | | | | | | | | | | |
| Sodium 1 (mg) | 376 | | 540 | 70% | | | | | | | | | | | | | | |
| Fiber (g) | 4.07 | | | | | | | | | | | | | | | | | |
| Iron (mg) | 4.19 | | | | | | | | | | | | | | | | | |
| Calcium (mg) | 515.1 | | | | | | | | | | | | | | | | | |
| Vitamin A (IU) | 851 | | | | | | | | | | | | | | | | | |
| Sugars (g) | 41 | 43.08% | | | | | | | | | | | | | | | | |
| Vitamin C (mg) | 31.81 | | | | | | | | | | | | | | | | | |
| Protein (g) | 13.86 | 14.40% | | | | | | | | | | | | | | | | |
| Carbohydrate (g) | 67.19 | 69.82% | | | | | | | | | | | | | | | | |
| Total Fat (g) | 6.93 | 16.21% | | | | | | | | | | | | | | | | |
| Saturated Fat (g) | 2.61 | 6.10% | | <=30.00% | | | | | | | | | | | | | | |
| Trans Fat ¹ (g) | 0.00 | 0.00% | | <10.00% | | Missing | | | | | | | | | | | | |

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Rialto Unified School District

Feb 10, 2025 thru Feb 14, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Page 1

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| | Portion Size | Relmb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------------|---------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 02/10/2025 | | | | | | | | | | | | | | | | |
| PRE-K BIC # 1 HOLIDAY | Total SERVING | 1 | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average % of Calories | | | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Nutrient Guideline | | | 350-500 | | 540 | | | | | | | | | <=30.0 | <10.00 | |

| | Portion Size | Relmb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|------------------------------------------|-------------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 02/11/2025 | | | | | | | | | | | | | | | | |
| PRE-K BIC # 1 Muffin, Blue 20th Cent '24 | Total ea (1.5 oz) | 300 | 120 | 25 | 170 | 1.00 | 0.36 | 9.9 | 0 | 0.0 | 8 | 2.0 | 18.0 | 4.0 | 1.00 | 0.00 |
| GRAPES,Fresh PKG '23 | serv.(1/2 cup) | 1 | 31 | 0 | 1 | 0.41 | 0.13 | 6.4 | 46 | 1.84 | 7 | 0.29 | 7.89 | 0.16 | 0.05 | 0.00 |
| GRAPES,Fresh PKG '23 | serv.(1/2 cup) | 299 | 31 | 0 | 1 | 0.41 | 0.13 | 6.4 | 46 | 1.84 | 7 | 0.29 | 7.89 | 0.16 | 0.05 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 300 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| Weighted Daily Average % of Calories | | | 271 | 40 | 321 | 1.41 | 0.49 | 366.3 | 546 | 1.84 | 29 | 11.29 | 39.89 | 6.66 | 2.55 | 0.00 |
| Nutrient Guideline | | | 350-500 | | 540 | | | | | | 43.5% | 16.7% | 58.9% | 22.1% | 8.5% | 0.0% |
| | | | | | | | | | | | | | | <=30.0 | <10.00 | |

| | Portion Size | Relmb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|-----------------------------------------------|-----------------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 02/12/2025 | | | | | | | | | | | | | | | | |
| PRE-K BIC # 1 CEREAL,MULTI-GRAIN CHEER IOS'24 | Total Bowl (28 Grams) | 300 | 110 | 0 | 105 | 2.00 | 12.60 | 100.0 | 300 | 3.6 | 6 | 2.0 | 23.0 | 1.0 | 0.00 | 0.00 |
| BANANAS | 1 EACH | 1 | 90 | 0 | 1 | 2.63 | 0.26 | 5.1 | 65 | 8.79 | 12 | 1.1 | 23.07 | 0.33 | 0.11 | 0.00 |
| BANANAS | 1 EACH | 299 | 90 | 0 | 1 | 2.63 | 0.26 | 5.1 | 65 | 8.79 | 12 | 1.1 | 23.07 | 0.33 | 0.11 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 300 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| Weighted Daily Average % of Calories | | | 320 | 15 | 256 | 4.63 | 12.86 | 455.1 | 865 | 12.39 | 32 | 12.10 | 60.07 | 3.83 | 1.61 | 0.00 |
| Nutrient Guideline | | | 350-500 | | 540 | | | | | | 40.5% | 15.1% | 75.1% | 10.8% | 4.5% | 0.0% |
| | | | | | | | | | | | | | | <=30.0 | <10.00 | |

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Feb 10, 2025 thru Feb 14, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|------------------------------|----------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 02/13/2025 | | | | | | | | | | | | | | | | |
| PRE-K BIC # 1 | Total | 300 | | | | | | | | | | | | | | |
| Sndwich Chx & Sausage 2020 | 300 | | 159 | 26 | 312 | 1.40 | 1.10 | 110.0 | 110 | 0.0 | 2 | 9.7 | 16.0 | 6.4 | 2.60 | 0.00 |
| APPLES,Fresh sliced 2017 2oz | pkg. (2oz) | 1 | 34 | 0 | 0 | 2.00 | 0.18 | 10.0 | 50 | 123.6 | 6 | 0.0 | 8.0 | 0.0 | 0.00 | 0.00 |
| APPLES,Fresh sliced 2017 2oz | pkg. (2oz) | 299 | 34 | 0 | 0 | 2.00 | 0.18 | 10.0 | 50 | 123.6 | 6 | 0.0 | 8.0 | 0.0 | 0.00 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 300 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| Weighted Daily Average | | | 313 | 41 | 462 | 3.40 | 1.28 | 470.0 | 660 | 123.60 | 22 | 18.70 | 38.00 | 8.90 | 4.10 | 0.00 |
| % of Calories | | | | | | | | | | | 27.9% | 23.9% | 48.6% | 25.6% | 11.8% | 0.0% |
| Nutrient Guideline | | | 350-500 | | 540 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|---------------------------|----------------|-----|---------|----|-----|------|------|-------|-----|-------|--------|-------|-------|--------|--------|-------|
| Fri - 02/14/2025 | | | | | | | | | | | | | | | | |
| PRE-K BIC # 1 | Total | 300 | | | | | | | | | | | | | | |
| BREAD,BANANA 2023 | 1 EACH | 300 | 329 | 39 | 170 | 3.91 | 1.14 | 28.0 | 87 | 4.04 | *29 | 4.56 | 49.55 | 14.45 | 1.37 | *0.00 |
| Juice, apple 4oz. DW-2024 | Each(4oz) | 1 | 55 | 0 | 15 | 0.00 | 0.00 | 0.0 | 0 | 30.0 | 15 | 0.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Juice, apple 4oz. DW-2024 | Each(4oz) | 299 | 55 | 0 | 15 | 0.00 | 0.00 | 0.0 | 0 | 30.0 | 15 | 0.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 300 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| Weighted Daily Average | | | 504 | 54 | 335 | 3.91 | 1.14 | 378.0 | 587 | 34.04 | *58 | 13.56 | 78.55 | 16.95 | 2.87 | *0.00 |
| % of Calories | | | | | | | | | | | *46.0% | 10.8% | 62.3% | 30.2% | 5.1% | *0.0% |
| Nutrient Guideline | | | 350-500 | | 540 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------|--|--|-----|----|-----|------|------|-------|-----|-------|--------|-------|-------|-------|------|-------|
| Weighted Average | | | 352 | 37 | 344 | 3.34 | 3.94 | 417.3 | 664 | 42.97 | *35 | 13.91 | 54.13 | 9.08 | 2.78 | *0.00 |
| | | | | | | | | | | | *90.5% | 15.8% | 61.5% | 23.2% | 7.1% | *0.0% |

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Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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| Nutrient | Menu AVG | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|----------------------------|----------|--------------|---------------|-------------|-------------|-----------|-----------|-------------------------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| | | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) | | | | | | | | | |
| Calories | 362 | | 350 - 500 | 100% | | | | | | | | | | | | | |
| Cholesterol (mg) | 37 | | | | | | | | | | | | | | | | |
| Sodium 1 (mg) | 344 | | 540 | 64% | | | | | | | | | | | | | |
| Fiber (g) | 3.34 | | | | | | | | | | | | | | | | |
| Iron (mg) | 3.94 | | | | | | | | | | | | | | | | |
| Calcium (mg) | 417.3 | | | | | | | | | | | | | | | | |
| Vitamin A (IU) | 664 | | | | | | | | | | | | | | | | |
| Sugars (g) | 35 | 40.23% | | | | Missing | | | | | | | | | | | |
| Vitamin C (mg) | 42.97 | | | | | | | | | | | | | | | | |
| Protein (g) | 13.91 | 15.81% | | | | | | | | | | | | | | | |
| Carbohydrate (g) | 54.13 | 61.50% | | | | | | | | | | | | | | | |
| Total Fat (g) | 9.08 | 23.22% | | <=30.00% | | | | | | | | | | | | | |
| Saturated Fat (g) | 2.78 | 7.11% | | <10.00% | | | | | | | | | | | | | |
| Trans Fat ¹ (g) | 0.00 | 0.00% | | | | Missing | | | | | | | | | | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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Rialto Unified School District

Feb 17, 2025 thru Feb 21, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Page 1

Generated on: 2/4/2025 1:24:40 PM

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------------|---------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 02/17/2025 | | | | | | | | | | | | | | | | |
| PRE-K BIC # 1 HOLIDAY | Total SERVING | 1 | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0.0 | 0.0 | 0.00 | 0.00 |
| Weighted Daily Average % of Calories | | | 0 | 0 | 0 | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Nutrient Guideline | | | 350-500 | | 540 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|---------------------------------------------------------------|--------------------------|-----|---------|----|-----|------|------|-------|-----|------|-------|-------|-------|--------|--------|------|
| Tue - 02/18/2025 | | | | | | | | | | | | | | | | |
| PRE-K BIC # 1 Snack'n Waffles, Cinnamon GRAPES, Fresh PKG '23 | Total pkg serv.(1/2 cup) | 300 | 250 | 44 | 290 | 2.00 | 1.44 | 30.0 | 75 | 0.0 | 15 | 6.0 | 37.0 | 9.0 | 4.00 | 0.00 |
| GRAPES, Fresh PKG '23 | serv.(1/2 cup) | 1 | 31 | 0 | 1 | 0.41 | 0.13 | 6.4 | 46 | 1.84 | 7 | 0.29 | 7.89 | 0.16 | 0.05 | 0.00 |
| GRAPES, Fresh PKG '23 | serv.(1/2 cup) | 299 | 31 | 0 | 1 | 0.41 | 0.13 | 6.4 | 46 | 1.84 | 7 | 0.29 | 7.89 | 0.16 | 0.05 | 0.00 |
| MILK, 1% DW 2024 | EACH(1/2 pint) | 300 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| Weighted Daily Average % of Calories | | | 401 | 59 | 441 | 2.41 | 1.57 | 386.4 | 621 | 1.84 | 36 | 15.29 | 58.89 | 11.66 | 5.55 | 0.00 |
| Nutrient Guideline | | | 350-500 | | 540 | | | | | | 36.4% | 15.3% | 58.8% | 26.2% | 12.5% | 0.0% |
| | | | | | | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|-------------------------------------------|----------------|-----|---------|----|-----|------|------|-------|-----|------|-------|-------|-------|--------|--------|------|
| Wed - 02/19/2025 | | | | | | | | | | | | | | | | |
| PRE-K BIC # 1 Bar, Benefit Apple Cinn '22 | Total 1 EACH | 300 | 290 | 15 | 240 | 3.00 | 1.80 | 20.0 | 110 | 0.0 | 22 | 5.0 | 48.0 | 9.0 | 3.00 | 0.00 |
| Crisps, Apple-Strawberry '22 | BAG (0.3 4 oz) | 1 | 39 | 0 | 0 | 1.93 | 0.00 | 0.0 | 34 | 0.0 | 7 | 0.0 | 9.64 | 0.0 | 0.00 | 0.00 |
| Crisps, Apple-Strawberry '22 | BAG (0.3 4 oz) | 299 | 39 | 0 | 0 | 1.93 | 0.00 | 0.0 | 34 | 0.0 | 7 | 0.0 | 9.64 | 0.0 | 0.00 | 0.00 |
| MILK, 1% DW 2024 | EACH(1/2 pint) | 300 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| Weighted Daily Average % of Calories | | | 449 | 30 | 390 | 4.93 | 1.80 | 370.0 | 644 | 0.00 | 43 | 14.00 | 71.64 | 11.50 | 4.50 | 0.00 |
| Nutrient Guideline | | | 350-500 | | 540 | | | | | | 38.1% | 12.5% | 63.9% | 23.1% | 9.0% | 0.0% |
| | | | | | | | | | | | | | | <=30.0 | <10.00 | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Feb 17, 2025 thru Feb 21, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Page 2

Generated on: 2/4/2025 1:24:40 PM

| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|---------------------------------|-----------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 02/20/2025 | | | | | | | | | | | | | | | | |
| PRE-K BIC # 1 | Total | 300 | | | | | | | | | | | | | | |
| CEREAL,MULTI-GRAIN CHEER IOS'24 | Bowl (28 Grams) | 300 | 110 | 0 | 105 | 2.00 | 12.60 | 100.0 | 300 | 3.6 | 6 | 2.0 | 23.0 | 1.0 | 0.00 | 0.00 |
| APPLES,Fresh sliced 2017 2oz | pkg. (2oz) | 1 | 34 | 0 | 0 | 2.00 | 0.18 | 10.0 | 50 | 123.6 | 6 | 0.0 | 8.0 | 0.0 | 0.00 | 0.00 |
| APPLES,Fresh sliced 2017 2oz | pkg. (2oz) | 299 | 34 | 0 | 0 | 2.00 | 0.18 | 10.0 | 50 | 123.6 | 6 | 0.0 | 8.0 | 0.0 | 0.00 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 300 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| Weighted Daily Average | | | 264 | 15 | 255 | 4.00 | 12.78 | 460.0 | 850 | 127.20 | 26 | 11.00 | 45.00 | 3.50 | 1.50 | 0.00 |
| % of Calories | | | | | | | | | | | 39.4% | 16.7% | 68.2% | 11.9% | 5.1% | 0.0% |
| Nutrient Guideline | | | 350-500 | | 540 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|--------------------------------|---------|-----|---------|----|-----|------|------|-------|-----|-------|-------|-------|-------|--------|--------|------|
| Fri - 02/21/2025 | | | | | | | | | | | | | | | | |
| PRE-K BIC # 1 | Total | 300 | | | | | | | | | | | | | | |
| Yogurt,Straww/crack-DW '24PSBK | SERVING | 300 | 290 | 5 | 245 | 2.00 | 2.00 | 585.0 | 30 | 0.0 | 35 | 7.0 | 59.0 | 3.0 | 0.50 | 0.00 |
| Orange juice, DW, 4oz.2024 | 1 EACH | 1 | 55 | 0 | 14 | 0.00 | 0.00 | 10.0 | 100 | 30.0 | 14 | 1.0 | 14.0 | 0.0 | 0.00 | 0.00 |
| Orange juice, DW, 4oz.2024 | 1 EACH | 299 | 55 | 0 | 14 | 0.00 | 0.00 | 10.0 | 100 | 30.0 | 14 | 1.0 | 14.0 | 0.0 | 0.00 | 0.00 |
| MILK,1% DW 2024 | 1 EACH | 300 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| Weighted Daily Average | | | 465 | 20 | 409 | 2.00 | 2.00 | 945.0 | 630 | 30.00 | 63 | 17.00 | 87.00 | 5.50 | 2.00 | 0.00 |
| % of Calories | | | | | | | | | | | 54.2% | 14.6% | 74.8% | 10.6% | 3.9% | 0.0% |
| Nutrient Guideline | | | 350-500 | | 540 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------|--|--|-----|----|-----|------|------|-------|-----|-------|-------|-------|-------|-------|------|------|
| Weighted Average | | | 395 | 31 | 374 | 3.34 | 4.54 | 540.4 | 686 | 39.76 | 42 | 14.32 | 65.63 | 8.04 | 3.39 | 0.00 |
| | | | | | | | | | | | 95.9% | 14.5% | 66.5% | 18.3% | 7.7% | 0.0% |

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Rialto Unified School District

Feb 17, 2025 thru Feb 21, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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| Nutrient | Menu AVG | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|----------------------------|----------|--------------|---------------|-------------|-------------|-----------|-----------|-------------------------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| | | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) | | | | | | | | | |
| Calories | 395 | | 350 - 500 | 100% | | | | | | | | | | | | | |
| Cholesterol (mg) | 31 | | | | | | | | | | | | | | | | |
| Sodium 1 (mg) | 374 | | 540 | 69% | | | | | | | | | | | | | |
| Fiber (g) | 3.34 | | | | | | | | | | | | | | | | |
| Iron (mg) | 4.54 | | | | | | | | | | | | | | | | |
| Calcium (mg) | 540.4 | | | | | | | | | | | | | | | | |
| Vitamin A (IU) | 686 | | | | | | | | | | | | | | | | |
| Sugars (g) | 42 | 42.63% | | | | | | | | | | | | | | | |
| Vitamin C (mg) | 39.76 | | | | | | | | | | | | | | | | |
| Protein (g) | 14.32 | 14.52% | | | | | | | | | | | | | | | |
| Carbohydrate (g) | 65.63 | 66.53% | | | | | | | | | | | | | | | |
| Total Fat (g) | 8.04 | 18.34% | <=30.00% | | | | | | | | | | | | | | |
| Saturated Fat (g) | 3.39 | 7.73% | <10.00% | | | | | | | | | | | | | | |
| Trans Fat ¹ (g) | 0.00 | 0.00% | | | | | | | | | | | | | | | |

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Feb 24, 2025 thru Feb 28, 2025

PRE-K BIC # 1

Generated on: 2/4/2025 1:24:54 PM

| | Portion Size | Relmb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------------|------------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|-------------|----------------|----------------|--------------|--------------|-------------------------|
| Mon - 02/24/2025 | | | | | | | | | | | | | | | | |
| PRE-K BIC # 1 | Total | 300 | | | | | | | | | | | | | | |
| PANCAKES '24 | SERVING (2 EACH | 300 | 130 | 5 | 240 | 3.00 | 1.00 | 63.0 | 0 | 0.0 | 6 | 4.0 | 26.01 | 2.0 | 0.00 | 0.00 |
| SYRUP | 1 OZ | 300 | 66 | 0 | 23 | 0.00 | 0.01 | 0.9 | 0 | 0.0 | 6 | 0.0 | 17.43 | 0.0 | 0.00 | *N/A* |
| Craisins, Watermelon | serv. (1.1 6 oz) | 1 | 110 | 0 | 0 | 3.00 | 0.00 | 0.0 | 120 | 0.0 | 24 | 0.0 | 28.0 | 0.0 | 0.00 | 0.00 |
| Craisins, Watermelon | serv. (1.1 6 oz) | 299 | 110 | 0 | 0 | 3.00 | 0.00 | 0.0 | 120 | 0.0 | 24 | 0.0 | 28.0 | 0.0 | 0.00 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 300 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| Weighted Daily Average % of Calories | | | 426 | 20 | 413 | 6.00 | 1.01 | 413.9 | 620 | 0.00 | 50 47.0% | 13.00 12.2% | 85.44 80.1% | 4.50 9.5% | 1.50 3.2% | *0.00 *0.0% |
| Nutrient Guideline | | | 350-500 | | 540 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|--------------------------------------|----------------|-----|---------|----|-----|------|------|-------|-----|------|-------------|----------------|----------------|----------------|--------------|--------------|
| Tue - 02/25/2025 | | | | | | | | | | | | | | | | |
| PRE-K BIC # 1 | Total | 300 | | | | | | | | | | | | | | |
| OATMEAL CHOC-CHIP BAR-2017 | EACH(2.5 oz) | 300 | 290 | 20 | 240 | 3.00 | 1.80 | 20.0 | 110 | 0.0 | 22 | 5.0 | 47.0 | 9.0 | 3.00 | 0.00 |
| GRAPES,Fresh PKG '23 | serv.(1/2 cup) | 1 | 31 | 0 | 1 | 0.41 | 0.13 | 6.4 | 46 | 1.84 | 7 | 0.29 | 7.89 | 0.16 | 0.05 | 0.00 |
| GRAPES,Fresh PKG '23 | serv.(1/2 cup) | 299 | 31 | 0 | 1 | 0.41 | 0.13 | 6.4 | 46 | 1.84 | 7 | 0.29 | 7.89 | 0.16 | 0.05 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 300 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| Weighted Daily Average % of Calories | | | 441 | 35 | 391 | 3.41 | 1.93 | 376.4 | 656 | 1.84 | 43 39.4% | 14.29 13.0% | 68.89 62.5% | 11.66 23.8% | 4.55 9.3% | 0.00 0.0% |
| Nutrient Guideline | | | 350-500 | | 540 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|--------------------------|----------------|-----|-----|----|-----|------|------|-------|-----|------|----|-----|-------|------|------|------|
| Wed - 02/26/2025 | | | | | | | | | | | | | | | | |
| PRE-K BIC # 1 | Total | 300 | | | | | | | | | | | | | | |
| Waffles, Fun N Fruti '24 | pkg | 300 | 210 | 35 | 290 | 2.00 | 1.08 | 8.0 | 0 | 0.0 | 10 | 5.0 | 31.0 | 8.0 | 1.50 | 0.00 |
| BANANAS | 1 EACH | 1 | 90 | 0 | 1 | 2.63 | 0.26 | 5.1 | 65 | 8.79 | 12 | 1.1 | 23.07 | 0.33 | 0.11 | 0.00 |
| BANANAS | 1 EACH | 299 | 90 | 0 | 1 | 2.63 | 0.26 | 5.1 | 65 | 8.79 | 12 | 1.1 | 23.07 | 0.33 | 0.11 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 300 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |

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Rialto Unified School District

Feb 24, 2025 thru Feb 28, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

Page 2

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| | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|--------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|-------------|----------------|----------------|----------------|--------------|-------------------------|
| Weighted Daily Average % of Calories | | | 420 | 50 | 441 | 4.63 | 1.34 | 363.1 | 565 | 8.79 | 36 34.6% | 15.10 14.4% | 68.07 64.8% | 10.83 23.2% | 3.11 6.7% | 0.00 0.0% |
| Nutrient Guideline | | | 350-500 | | 540 | | | | | | | | | <=30.0 | <10.00 | |

| Thu - 02/27/2025 | | | | | | | | | | | | | | | | |
|--------------------------------------|-----------------|-----|---------|----|-----|------|-------|-------|-----|--------|-------------|----------------|----------------|---------------|--------------|--------------|
| PRE-K BIC # 1 | Total | 300 | | | | | | | | | | | | | | |
| CEREAL,MULTI-GRAIN CHEER IOS'24 | Bowl (28 Grams) | 300 | 110 | 0 | 105 | 2.00 | 12.60 | 100.0 | 300 | 3.6 | 6 | 2.0 | 23.0 | 1.0 | 0.00 | 0.00 |
| APPLES,Fresh sliced 2017 2oz | pkg. (2oz) | 1 | 34 | 0 | 0 | 2.00 | 0.18 | 10.0 | 50 | 123.6 | 6 | 0.0 | 8.0 | 0.0 | 0.00 | 0.00 |
| APPLES,Fresh sliced 2017 2oz | pkg. (2oz) | 299 | 34 | 0 | 0 | 2.00 | 0.18 | 10.0 | 50 | 123.6 | 6 | 0.0 | 8.0 | 0.0 | 0.00 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 300 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| Weighted Daily Average % of Calories | | | 264 | 15 | 255 | 4.00 | 12.78 | 460.0 | 850 | 127.20 | 26 39.4% | 11.00 16.7% | 45.00 68.2% | 3.50 11.9% | 1.50 5.1% | 0.00 0.0% |
| Nutrient Guideline | | | 350-500 | | 540 | | | | | | | | | <=30.0 | <10.00 | |

| Fri - 02/28/2025 | | | | | | | | | | | | | | | | |
|--------------------------------------|----------------|-----|---------|----|-----|------|------|-------|-----|-------|-------------|----------------|----------------|----------------|--------------|--------------|
| PRE-K BIC # 1 | Total | 300 | | | | | | | | | | | | | | |
| Muffins, Blue-Elements 2017 | 1 ea | 300 | 200 | 35 | 190 | 0.00 | 0.00 | 0.0 | 60 | 0.0 | 12 | 2.0 | 23.0 | 12.0 | 1.50 | 0.00 |
| Juice, apple 4oz. DW-2024 | Each(4oz) | 1 | 55 | 0 | 15 | 0.00 | 0.00 | 0.0 | 0 | 30.0 | 15 | 0.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| Juice, apple 4oz. DW-2024 | Each(4oz) | 299 | 55 | 0 | 15 | 0.00 | 0.00 | 0.0 | 0 | 30.0 | 15 | 0.0 | 15.0 | 0.0 | 0.00 | 0.00 |
| MILK,1% DW 2024 | EACH(1/2 pint) | 300 | 120 | 15 | 150 | 0.00 | 0.00 | 350.0 | 500 | 0.0 | 14 | 9.0 | 14.0 | 2.5 | 1.50 | 0.00 |
| Weighted Daily Average % of Calories | | | 375 | 50 | 355 | 0.00 | 0.00 | 350.0 | 560 | 30.00 | 41 43.7% | 11.00 11.7% | 52.00 55.5% | 14.50 34.8% | 3.00 7.2% | 0.00 0.0% |
| Nutrient Guideline | | | 350-500 | | 540 | | | | | | | | | <=30.0 | <10.00 | |

| | | | | | | | | | | | | | | | | |
|------------------|--|--|-----|----|-----|------|------|-------|-----|-------|-------------|----------------|----------------|---------------|--------------|----------------|
| Weighted Average | | | 385 | 34 | 371 | 3.61 | 3.41 | 392.7 | 650 | 33.57 | 39 92.0% | 12.88 13.4% | 63.88 66.3% | 9.00 21.0% | 2.73 6.4% | *0.00 *0.0% |
|------------------|--|--|-----|----|-----|------|------|-------|-----|-------|-------------|----------------|----------------|---------------|--------------|----------------|

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Rialto Unified School District

Feb 24, 2025 thru Feb 28, 2025

Base Menu Spreadsheet

PRE-K BIC # 1

Portion Values - Detailed

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| Nutrient | Menu AVG | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat ¹ (g) |
|----------------------------|----------|--------------|---------------|-------------|-------------|-----------|-----------|-----------|-------------------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| | | % of Cals | Weekly Target | | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any) | | | | | | | | |
| Calories | 385 | | 350 - 500 | | 100% | | | | | | | | | | | | |
| Cholesterol (mg) | 34 | | | | | | | | | | | | | | | | |
| Sodium 1 (mg) | 371 | | 540 | | 69% | | | | | | | | | | | | |
| Fiber (g) | 3.61 | | | | | | | | | | | | | | | | |
| Iron (mg) | 3.41 | | | | | | | | | | | | | | | | |
| Calcium (mg) | 392.7 | | | | | | | | | | | | | | | | |
| Vitamin A (IU) | 650 | | | | | | | | | | | | | | | | |
| Sugars (g) | 39 | 40.89% | | | | | | | | | | | | | | | |
| Vitamin C (mg) | 33.57 | | | | | | | | | | | | | | | | |
| Protein (g) | 12.88 | 13.37% | | | | | | | | | | | | | | | |
| Carbohydrate (g) | 63.88 | 66.33% | | | | | | | | | | | | | | | |
| Total Fat (g) | 9.00 | 21.02% | <=30.00% | | | | | | | | | | | | | | |
| Saturated Fat (g) | 2.73 | 6.38% | <10.00% | | | | | | | | | | | | | | |
| Trans Fat ¹ (g) | 0.00 | 0.00% | | | | Missing | | | | | | | | | | | |

*N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

- denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.